

Stages of Soul Awakening

1. **F**eelings of angst about life—feeling buffeted about, a victim of external forces—along with a budding suspicion that there is more to life than meets the eye;
2. **G**rowing dissatisfaction and distress about one's life, while continuing to live within the given conditions and confines;
3. **F**lashes of spiritual perception, flickering awareness of a higher way, first investigation of that way, while outwardly maintaining the status quo;
4. **G**rowing unhappiness over the gap between the life of established values and norms and the spiritual reality that is increasingly sensed;
5. **A** developing attraction to spiritual Truth and the impulse to find it— in any one of innumerable forms;
6. **H**esitation about committing oneself to pursuing Truth for fear of jeopardizing one's sources of income or material well-being;
7. **P**ursuing Truth while still attempting to live between two worlds—two sets of values, goals and aspirations;
8. **L**oosening one's dependence upon material security and weakening the hold of personal ambition in the growing light of the soul;
9. **D**issolving the ties that bind to the material world and liberating the Self to step firmly onto the path that transforms and transfigures, leading into the Kingdom of Souls.